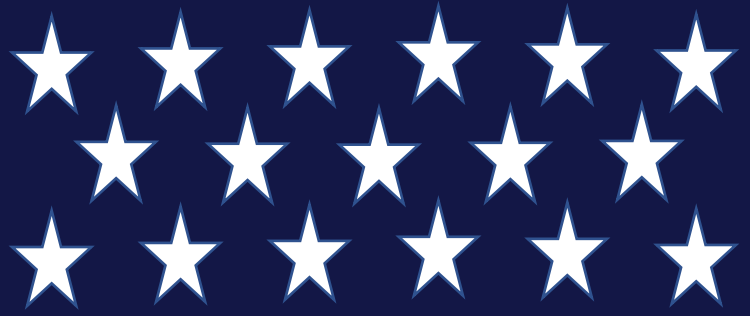


# Sea Notes



Fall 2025 Issue



NAVY LEAGUE OF  
THE UNITED STATES  
PALM BEACH COUNCIL

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*Newsletter Publisher & Council Webmaster:*  
*Jeff Leibowitz*

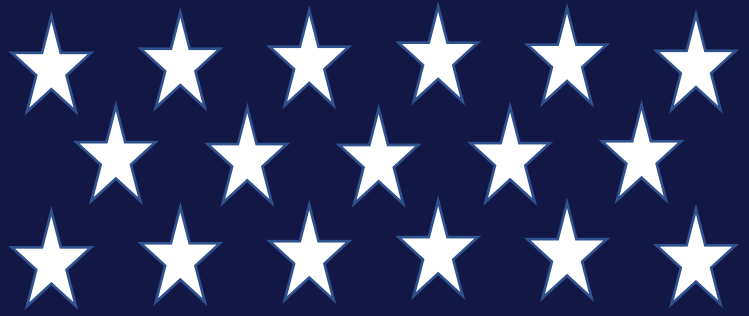
### Upcoming Events

Member Luncheon – Nov 15<sup>th</sup>  
Holiday Luncheon – Dec 6<sup>th</sup>  
Science Fair Judging – Dec 11<sup>th</sup>

### Council Officers

Larry Caruso, President  
Denise Rousseau, Secretary  
Paul Carman, Treasurer  
Irv Silver, VP of Development  
Steve Rousseau, VP Youth Programs  
HON Richard Wennet, Judge Advocate  
Suzanne Cabrera, VP Membership  
John Limoncelli, VP Legislative Affairs  
Ted Peroulakis, VP Maritime Affairs  
George Stamas, VP Programs & Events  
Charles Zambrano, Special Projects Officer  
Jeff Leibowitz, Immediate Past President

# President's Message



Palm Beach Council has earned the respect of citizens, community and industrial leaders, local military, and public officials here in the Palm Beaches and across the state and country.

Palm Beach Council Members & Friends,

Welcome to the 2025-2026 Season for the Palm Beach Council!

It's been a while since the last publication of our newsletter, so this effort is loaded with a hodgepodge of league activity. My mom was full German, but she married an Italian. Sauce was a must in our household and very economic for feeding eleven kids. So, she had to learn from the best, my grandfather. His Sunday Gravy had everything in it, tomatoes, onion, garlic, oregano, olive oil, and of course, the meats. Meatballs, sausage with fennel, pepperoni, ground beef, a few leftover pork chop bones, chicken bones, beef bones – you name it – and an occasional free-falling ash from his Italian stogie, found its way into making the perfect sauce, kind of like this newsletter. We have a lot of youth activity to report. A lot of news covering council participation and visits to the local military posts we support.

As you can see in the Save the Dates section, our VP of Programs and Events, George Stamas, has luncheons scheduled through March, 2026. In addition to these activities, we're also increasing our support of and involvement with our Youth and Active/Reserve programs. And, thanks to the efforts of our VP of Youth Programs, we are back in the Science Fair Judging game.

You can help ensure our ability to continue providing great programs for our members, our youth program cadets, and the active and reserve Sailors, Marines, and Coast Guard we strive to serve.

Attend as many Council functions as possible...and bring your friends! The more people that attend, the less risk of the Council losing money on the event, and the more fun we'll all have because you're there sharing the event with us.

For each event you can't attend, consider donating at least \$25 towards that event. That will help defray our costs to hold these events and, if all of our members do this for each event, we'll be in a much better position to help those who need our help. You can do this by clicking on the appropriate link on the event registration page, which will bring you to the Donations page. At each event, the names of our Absentee Angels (those not in attendance who donated) will be read and acknowledged. The amounts donated will not be mentioned unless requested by the donor(s).

*(Continued on next page)*

Contact me at 561-517-2403 or [larry.caruso9999@gmail.com](mailto:larry.caruso9999@gmail.com)

# President's Message *(continued)*

Our website's Sponsors & Donors page will list all donors who contribute \$250, \$1,000, \$2,500 or more, and our Angel Admirals who donate \$5,000 or more. Those who do not want the amount of their donation revealed can be listed under Additional Donors or, if you prefer anonymity, not at all.

All donations are tax-deductible, but more importantly, your donations help us help those who serve and our youth program cadets who are our country's future.

In addition to your financial help and support, we can also use your help in some of the various open positions we have on the Council Board and Officer staff, so please take a look at the section of this newsletter that lists the open positions. It takes a lot of work and people to make our events and programs successful, and all help is greatly needed and appreciated, no matter how much or little.

I'm looking forward to seeing you at all of our exciting upcoming events, and thank you for your help and support in continuing the great service tradition of the Palm Beach Council.

Very respectfully,



Larry Caruso, President

[Click Here  
to Donate](#)

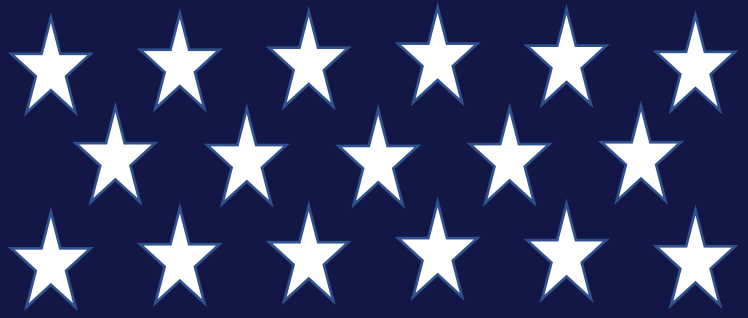
## LONG VOYAGE HOME TO KINGS BAY

The USS Florida (SSGN728) recently returned to Naval Submarine Base Kings Bay, Georgia, after a 727-day deployment. During this deployment, the submarine travelled over 60,000 nautical miles and conducted various missions, including firing Tomahawk cruise missiles at Houthi targets in Yemen. The Florida is part of the Ohio class guided-submarines and is the adopted Naval Vessel of the Palm Beach Council of the Navy League.

Well done, Florida!



# Youth Programs



CAPT Stephen Rousseau, USN (Ret) continues to move along at flank speed as VP of Youth Programs, delivering strong results. Charlie Zambrano continues his important role of Special Projects Officer supporting youth and other programs.

Below is a summary of a few of the ways our Council funds have strengthened our youth programs this year:

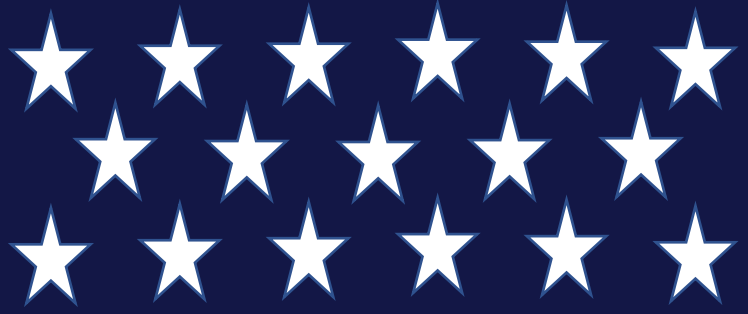
- \$1,631 Sea Perch Kits and Awards (NJROTC RPBHS hosted) (22% total cost)
- \$3750 USS Orleck Naval Museum overnight and Recruit Training (43% of total cost for trip)
- \$4000 AMVETS Sea Cadet Plywood Regatta (36% total cost for event)
- \$7125 for Young Marines Summer Training and Junior Leadership Training (48%)
- \$1725 Summer Shooting Academy (RPBHS JROTC) (51% of total cost)
- \$1,500 for Palm Beach Gardens High School NJROTC for Admiral Farragut Leadership Academy Scholarships
- \$1670 for Boynton Beach Community High School PT Uniforms
- \$5000 Color Guard Training (AMVETS Sea cadets (74 % total cost)
- \$3000 SAT/ACT Prep Courses
- \$1500 T Roosevelt Youth Medals



## The Palm Beach Council supports seven sea service youth groups, including:

- Naval Sea Cadet Corps – American Veterans Division
- Naval Sea Cadet Corps – Jupiter/Langley Squadron (AC-3/CV-1)
- Navy JROTC – Palm Beach Gardens High School
- Navy JROTC – Royal Palm Beach High School
- Marine JROTC – Palm Beach Lakes High School
- Marine JROTC – Boynton Beach High School
- Young Marines of the Palm Beaches

# Youth Programs II



VP of Youth Programs, Captain Stephen Rousseau, presents the Youth Medal to Senior Chief Mark Villegas, Royal Palm Beach High School JROTC. Senior officers of next year's unit and outgoing Commanding Officer were also presented with the prestigious medal.

Next – a letter from an AMVETS Sea Cadet

*Dear Navy League Council Board of Directors,*

*I would like to thank you for the generous scholarship which allowed me to attend Naval Sea Cadet Master-at-Arms (MAA) training over the summer. During the training learned basic law enforcement and self defense. I also studied parts of the Uniform Code of Military Justice (UCMJ) which is the US Military's code of law. This training helped me grow my team building and leadership skills. Now I can share these skills with everyone at my home unit. The adult staff was great and created a safe training environment that was perfectly balanced for learning and community...they were both professional and humorous. I would recommend this training to anyone.*

*Respectfully,*

*SN Lukas Riaboukha*

*Ed – SN Riaboukha is pictured on following page.  
Thanks for letter, Lukas*



# U. S. Naval Sea Cadet Corps

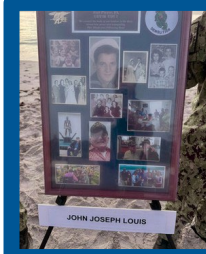
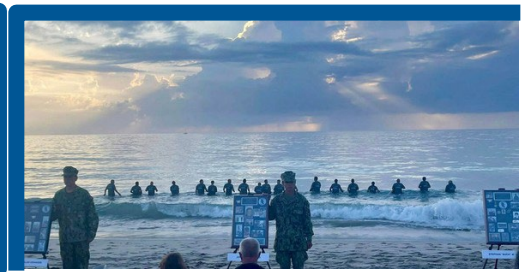
## AMERICAN VETERANS DIVISION: SUMMER, 2025

**CADET CHIEF TRALONGO, U.S. NAVAL ACADEMY**

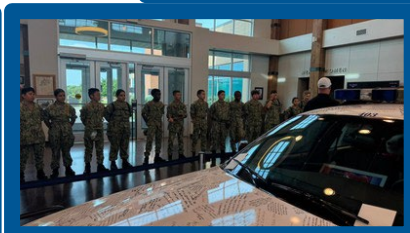
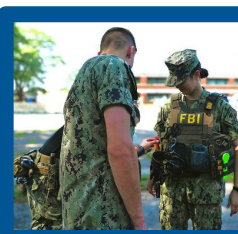
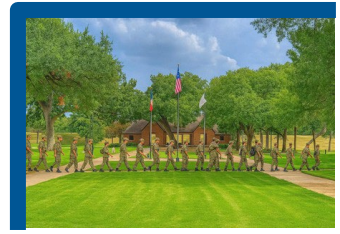


**CADET CHIEF RIABOUKHA, U.S. NAVY ENLISTMENT**

### ANNUAL MEMORIAL DAY EVENT AT THE NAVY SEAL MUSEUM- CADETS HONOR THE MEMORY OF FALLEN NAVY SEALS



### SUMMER TRAININGS IN FL, WI, AND TX



# Young Marines of The Palm Beaches

This was the 1st Multi-Unit Recruit Training School hosted by *Young Marines of the Palm Beaches* and it was a huge success. So much so that it was picked up by our National Headquarters and promoted Nationwide. Other units as well as the new Regimental XO from Orlando were so impressed, we were asked if we could host at least 3 or 4 such events per year.

*“This was only made possible by the Navy League’s support. We cannot thank you enough for trusting us to pull this off.”*

*C. Townsend – Unit Commander*

**The School:** the program is designed for Young Marines to run its curriculum with oversight and guidance from Adult Volunteers.

To support that philosophy, we enlisted the help of *the Senior Young Marine Cadres* from Orlando and Miami as instructors. Their purpose was two-fold; Recruit Training for promotion to Young Marine Private and provide cadre instructor training experience and...

(continued)



proper mentorship of recruits and Young Marines. These events make it possible to teach leadership for both the leader and the follower.

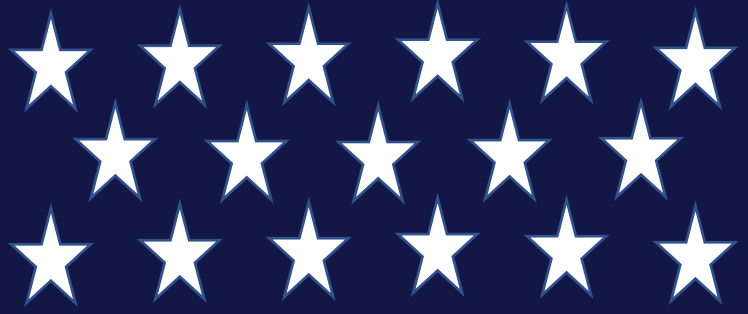
**Location:** The Everglades Youth Conservation Camp provided ample lodging, bathhouse accommodations, home cooked meals, classrooms, and plenty of outdoor training space. We identified this camp as the perfect venue for future, similar events.

**Who was there?** We were joined by PFC Bruce W. Carter (MOH recipient) Young Marines from Miami and Southwest Young Marines from Fort Myers. All students were trained on the 9 Performance Objectives required for advancement to Private, Young Marines. They were also instructed on Close Order Drill and completed their first Physical Fitness Test which will serve as a baseline for improvement going forward. Thank you to the Cadres and the Adult Volunteers for their devotion and countless hours of supervision.

**Submitted by:** *Cindy Townsend, Unit Commander.*



# Military Affairs



Our program of awarding plaques to our Sailors, Marines, and Coast Guardsmen continues to be a vital and rewarding mission for both our council and recipients. Our Vice President of Maritime Affairs, Ted Peroulakis, has done an outstanding job over the past two years, elevating this program to new heights. He has personally delivered 94 (just this year alone) Sailor, Bluejacket, Junior Sailor, and Coast Guard Auxiliary awards to deserving sailors and “coasties” here in Palm Beach County and the Bahamas. Alas, Ted will be relinquishing his VP duties at the end of this calendar year. Please join me in giving Ted a big “Bravo Zulu” (Navy signal flag meaning ‘well done’) and extend our heartfelt thanks for his stalwart efforts. Ted will remain an important member of our council.

Right: A new award pioneered by Ted along with Cmdr. Mike McCarthy adding the Coast Guard Auxiliary to our council’s supported units. Ted presents the Auxiliarist of the Quarter Award for Flotilla 51 to FSO PV Carol N. Floyd.

Anyone interested in volunteering for VP, Maritime Affairs, please contact VP of the Nominating Committee, Irv Silver at [isilver@gmail.com](mailto:isilver@gmail.com) (see Page 14).



## The Palm Beach Council supports military units:

- Navy Reserve Center, West Palm Beach
- 4th Air Naval Gunfire Liaison Company (4th ANGLICO) Marine Corps Forces Reserve
- Atlantic Undersea Test & Evaluation Center (AUTEC), Andros Island, Bahamas
- U.S. Coast Guard Station Lake Worth Inlet/Coast Guard Auxiliary
- USS Florida – Adopted Ship

# Membership & Events News

On Friday, August 29<sup>th</sup>, the Navy League honored *Doctor Albert Singer* in celebrating his 100<sup>th</sup> birthday at East Pointe in Palm Beach Gardens.

Dr. Singer was a Navy Corpsman assigned to Hospital 100 on the Island of Guam where he administered aid to Sailors and Marines from the front lines of Iwo Jima and Okinawa. Council Secretary, Denise Rousseau, LCDR, US Navy, (Ret) presents Dr. Singer with a Navy League Challenge Coin.



Chief Tom Halleck reads Certificate of Appreciation and presents shadow box flag and Commander Bray's personal challenge coin to Dr. Singer while LtCdr. Rousseau, Senior Chief Palacios and Marine Corps First Sergeant Montano look on. Soon after, Dr. Singer showed off some boxing moves as he was an acclaimed pugilist in the Navy.

Below right: a very young and handsome sailor, Albert Singer.

“Thank you for honoring my Dad, on his 100<sup>th</sup> Birthday as he is still with us.”

- Nancy Patchen, Proud daughter.



# Membership & Events News II



Your Palm Beach Council supported the Salute to Hometown Heroes event hosted by the Cox Science Center. VP Special Projects Charles Zambrano, VP Programs and Events George Stamas, VP Membership Suzanne Cabrera, and Anthony Scarpellino {not pictured} manned the Navy League tent along with yours truly in promoting new membership. This fearsome recruiting team uncovered no less than eight new prospects for membership.

Below right: Navy League Officer (WWII veteran) and centenarian, Jerome (Jerry) Nelinson honored during Hometown Hero hockey game hosted by the Florida Panthers.



Charles Zambrano & George Stamas

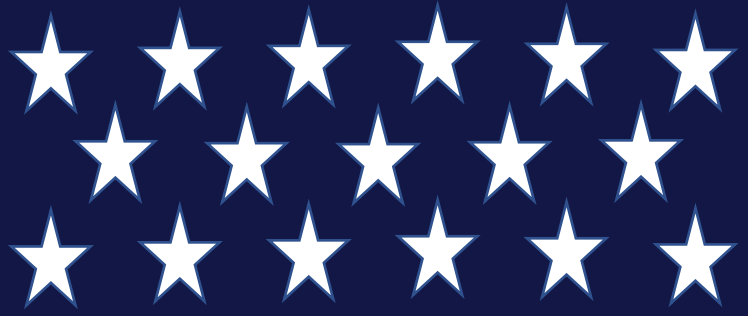
Right: Larry Caruso, Charles Zambrano, and Suzanne Cabrera



(Right)  
Navy Lt.  
Cabrera  
FA-18 Pilot  
Daughter of  
proud Navy  
Mom – VP  
Suzanne  
Cabrera

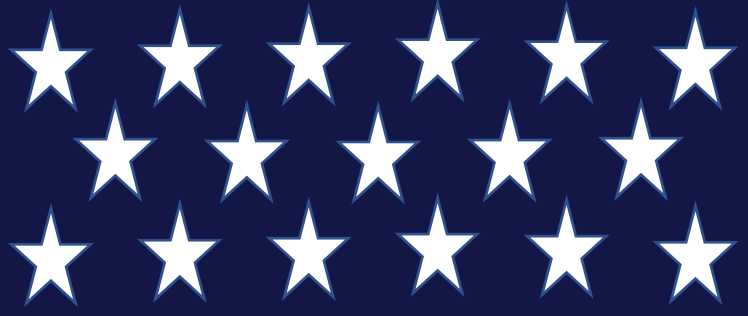


# 2025 & 26 Save the Dates



- November 11<sup>th</sup>      *Council Board Meeting*  
11:30am – 1pm      *BallenIsles Country Club*
- November 15<sup>th</sup>      **Membership Luncheon & Annual Membership Meeting**  
11:30am – 2:30pm      Prezzo Italian Restaurant, 4520 PGA Blvd – Palm Beach Gardens
- December 6<sup>th</sup>      **Holiday Party**  
11:30am – 2:30pm      Prezzo Italian Restaurant, 4520 PGA Blvd - Palm Beach Gardens
- December 9<sup>th</sup>      *Council Board Meeting*  
11:30am – 1pm      *BallenIsles Country Club*
- January 13<sup>th</sup>      *Council Board Meeting*  
11:30 - 1pm      *BallenIsles Country Club*
- January 17<sup>th</sup>      **Membership Luncheon**  
11:30 – 2:30pm      The Cooper, 4610 PGA Blvd - Palm Beach Gardens
- February 10<sup>th</sup>      *Council Board Meeting*  
11:30 – 1pm      *BallenIsles Country Club*
- February 14<sup>th</sup>      **Membership Luncheon**  
11:30am – 2:30 pm      Seasons 52, 11611 Ellison Rd - Palm Beach Gardens
- On the Horizon:      *We plan on revisiting some of your favorites, Café Sapori and Café Centro (TBD)*
- Coming soon:** Navy 250<sup>th</sup> Gala Newsletter...**Very Soon!**

# Volunteers Needed



As we enter our new season, we are excited by all the programs that will accelerate our support of the Navy League's mission. We need your involvement and participation to make this happen. All contributions of time, no matter how small will make a difference. There are open board roles that need to be filled for us to gain momentum. We welcome you to get involved, invite your friends to attend one of our events, and be part of our growing community.

**Liaison for Youth Programs** – Working with the VP of Youth Programs, you'll be responsible for communicating opportunities and developing a closer relationship with the Sea Cadet, MCJROTC and Young Marine units. Some knowledge of youth programs is helpful but not necessary. The time commitment is about 2-4 hours per month.

**Vice President, Maritime Affairs** - Supports Navy, Marine Corps, Coast Guard and Maritime Services, Coast Guard Auxiliary, and NROTC programs. This involves communicating with supported units in providing assistance, volunteerism as well as monetary, and rewarding deserving men and women in uniform with quarterly and yearly awards. **Liaison for Maritime Affairs** – supports the Vice President.

**Event, Program, and Fundraising Assistants** – Several people are needed to assist the **VP of Membership** and **Director of Events** with various tasks related. We need help with soliciting items for auctions and working with businesses to become affiliates and sponsors for our events. The time commitment for these activities can be as little as 1-2 hours per month, up to 4-6 hours per month once or twice a year.

**Communications and Social Media** – Involves writing articles about our activities, taking pictures at our events and helping the Council establish a more robust social media presence with postings on Facebook, Instagram, and LinkedIn. Our communications are part of our outreach to inspire members, recruit new members, and get the word out within our community, including local HOAs and other non-profits. Cadets are encouraged to volunteer.

**Council Board Members and Directors** – Our Council's work is led by a dedicated group who provide input to council priorities and ensure successful programs and initiatives are established to accomplish our mission to educate, advocate, and improve the understanding and appreciation of those who wear the uniform of the armed forces. We are looking for members to do even more by running to be a Council officer or director for 2024. Your involvement will help us do even more for the youth and military programs we support and have the most enjoyable and rewarding council possible.

**If you can contribute your talents and enthusiasm to any of the above roles or volunteer time to help with specific events or projects, please contact Irv Silver at [isilver@gmail.com](mailto:isilver@gmail.com).**

**The Palm Beach Council of the Navy League strives to recruit new members so we can better support the Sea Services and our youth programs. Through our event programming and fundraising efforts, we demonstrate our commitment to our Sea Services, which makes our country safer and more prosperous, and we help make young people better people and citizens.**

Invite your friends to join us and support our mission.



## NAVY LEAGUE OF THE UNITED STATES **PALM BEACH COUNCIL**

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"Thank You for Your Service"***

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**JOIN YOUR NEIGHBORS, FRIENDS & COLLEAGUES IN THE NAVY LEAGUE  
HELP SUPPORT THOSE WHO SERVE TODAY...AND TOMORROW'S LEADERS**

- Civilians, Active/Reserve and Veterans of All Services Welcome!
  - Just Bring Your Desire To Help Those Who Serve, and Area Youth
- Help Support Palm Beach County...
  - Youth Programs That Build Character, Capability & Confidence
    - U.S. Naval Sea Cadet Corps
    - Young Marines
    - NJROTC, MCJROTC and ROTC
    - Help Develop Future Military, Business & Community Leaders
  - Palm Beach County Military Installations, Personnel and Families
- Welcome & Tour Visiting Ships
- Host & Help Visiting Service Men & Women
- Attend Monthly Luncheons & Other Events
  - Fascinating Topics & Speakers
  - Join Admirals, Generals and Experienced Experts in Many Fields
  - Participate in Social & Military Events Throughout The Year

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